



Medical Necessity Criteria for Child and Adolescent Acute Stabilization and Diversion

Stabilization and Diversion is a voluntary, temporary therapeutic residential environment in a community setting. Utilizing the CASSP principles, the program diverts the need for acute inpatient care by providing immediate support to individuals experiencing, or at risk of an exacerbation, of the symptoms of their illness. Acute Stabilization and Diversion services may also be used to help individuals succeed in their transition between levels of acute care to a community setting. Psychiatric services may occur on site or be arranged with an external provider and must include linkages and coordination of services. Stabilization and Diversion services are short term in nature, with length of stay based on individual need. This admission is not to substitute a CYF or JPO placement. Medication monitoring maybe required.

Admission Criteria

Must meet criteria I, II and III

- I** The person must have a primary psychiatric diagnosis
- II** Based on a person's current condition and past history there is a reasonable expectation that continuation of a less intense level of care will result in the need for the person to be treated in an acute level of care.
- III** The person and their available family agree to be actively involved in family therapy and disposition plans.

Continued Stay Criteria

Must meet criteria I and II

- I** The person continues to need the treatment and support as defined under the admission criteria.
- II** The person and their family continue to be willing to be actively involved in family therapy and disposition plans.

Discharge Criteria

Must meet one of the criteria I, II, or III

- I** The person no longer meets criteria as defined by Admission and Continued Stay criteria and improvement will not be compromised with treatment being given at a less intensive level of care.
- II** The person can safely move to a less restrictive setting with appropriate linkages in place that must include living arrangements and follow-up care.
- III** The person's psychiatric and or medical condition is such that he/she can no longer be treated safely or effectively at this level of care and needs a more restrictive setting.