

## Alcohol Abuse Audit C for Screening

Western Behavioral Health is concerned about the potential risks that alcohol use can pose to our members. We encourage providers to screen all members for a coexisting alcohol or substance abuse problem. If undetected or untreated, hazardous drinking can contribute to treatment noncompliance, poor treatment response and other complications.

The AUDIT-C is a screening tool that can help identify people who are hazardous drinkers or may have other problems with alcohol.

Q#1: How often did you have a drink containing alcohol in the past year?

- Never (0 points)
- Monthly or less (1 point)
- Two of four times a month (2 points)
- Two to three times per week (3 points)
- Four or more times a week (4 points)

Q#2: How many drinks did you have on a typical day when you were drinking in the past year?

- 1 or 2 (0 points)
- 3 or 4 (1 point)
- 5 or 6 (2 points)
- 7 to 9 (3 points)
- 10 or more (4 points)

Q#3: How often did you have six or more drinks on one occasion in the past year?

- Never (0 points)
- Less than monthly (1 point)
- Monthly (2 points)
- Weekly (3 points)
- Daily or almost daily (4 points)

A score of four or more is considered positive for men; in women, a score of three or more is considered positive. Generally, the higher the score is, the more likely it is that the drinking could be affecting a member's health and safety. For additional information about the AUDIT-C and scoring instructions, please go to [www.oqp.med.va.gov/cpg/SUD/SUD\\_base.htm](http://www.oqp.med.va.gov/cpg/SUD/SUD_base.htm).

If you need assistance with a member, or would like more information, please contact Western Behavioral Health at 1-888-251-2224.

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