Challenges & Innovations in Rural Psychiatry

Tuesday, June 23, 2015
8:30 a.m.–3:30 p.m.
Toftrees
1 Country Club Lane
State College, PA 16803

Course Directors:
Penny Chapman, MD
Manish Sapra, MD, MMM
James Schuster, MD, MBA

Sponsored by The Center for Excellence in Rural Public Psychiatry, part of Western Psychiatric Institute and Clinic, Community Care, and University of Pittsburgh School of Medicine Center for Continuing Education in the Health Sciences
About the Conference

Join us to learn about the unique challenges of rural psychiatry and innovations that can support practitioners in these areas, including unique training opportunities. Keynote speakers include Dr. William Torrey, who will discuss using evidence-based practices in rural settings, and David Loveland, who will discuss engagement strategies for individuals in treatment. Additional topics of interest include the Rural Public Psychiatry Fellowship, with contributions from previous fellows; shared decision making, and overdose prevention in Pennsylvania.

The conference will showcase opportunities for rural agencies to partner with the University of Pittsburgh Department of Psychiatry Rural Psychiatry Fellowship program, which provides learning and career development for psychiatrists in rural settings. The conference material will also be of value to other clinicians, families, individuals receiving services and administrators.

The conference is free of charge for Community Care members and their families, as well as medical residents and students. For behavioral health professionals, this conference costs $75.00, which includes CEUs and lunch.

Full List of Speakers

Alice Bell, LCSW
Project Coordinator, Prevention Point Pittsburgh's Overdose Prevention Project, Pittsburgh, PA

Penny Chapman, MD
Assistant Professor, Department of Psychiatry; Director of Rural Psychiatry Fellowship, WPIC, Pittsburgh, PA; Medical Director, Stairways Behavioral Health, Erie, PA

DeAnn Farris, DO, MSEd
Primary Attending at Warren General Hospital; Psychiatrist at Beacon Light Recovery Center of Warren; Community Psychiatry Fellow, Warren, PA

David Loveland, PhD
Senior Program Director, Recovery Program Development and Implementation, Community Care, Pittsburgh, PA

Manish Sapra MD, MMM
Medical Director, UPMC Behavioral Health Network; Assistant Professor, Department of Psychiatry; Co-Director of Rural Psychiatry Fellowship, WPIC, Pittsburgh, PA

James Schuster, MD, MBA
Chief Medical Officer, Community Care; Vice President of Behavioral Integration, UPMC Insurance Services Division, Pittsburgh, PA

Richard Seager
President and CEO, Beacon Light Behavioral Health Systems, Bradford, PA

Amber Sharp
Director of Decision Support Center, Beacon Light Recovery Center, Warren, PA

Erin Torday, MD, MPH
Public Psychiatry Fellow, University of Pennsylvania, Philadelphia, PA

William Torrey, MD
Professor of Psychiatry; Professor of The Dartmouth Institute; Vice Chair for Clinical Services, Department of Psychiatry, Geisel School of Medicine at Dartmouth, Lebanon, New Hampshire

Branden Youngman, DO
Public Psychiatry Fellow, University of Pennsylvania, Philadelphia, PA
### About the Keynote Speakers

**David Loveland, PhD**

David Loveland, PhD is a Senior Program Director at Community Care in Pittsburgh, PA. His research focus is on developing community-based models of care for individuals with behavioral health disorders as well as implementing effective behavioral and cognitive behavioral techniques into practice. Dr. Loveland’s current projects include expanding the recovery coach model in addiction treatment, integrating primary care and behavioral health services, and developing behavioral health interventions with e-therapy technology.

**William Torrey, MD**

Dr. Torrey is a Professor of Psychiatry at the Dartmouth Institute at the Geisel School of Medicine at Dartmouth, and serves as Vice Chair for Clinical Service in the Department of Psychiatry. He has devoted much of his professional life to improving the care of adults with severe mental illnesses and integrating psychiatric care into primary care. He cares for adults with severe mental illnesses, trains medical students, residents, and the public on these topics; leads clinical care systems that offer evidence-based, measurement-informed care; and contributes to services research.

**Alice Bell, LCSW**

Alice Bell, LCSW is a Project Coordinator for Prevention Point Pittsburgh’s Overdose Prevention Project. She worked to implement overdose prevention training in the Allegheny County jail in 2002, naloxone prescription syringe exchange and implementation of physician/pharmacist co-prescribing naloxone in 2005. She is co-facilitator for the Opiate Safety with Naloxone Network (OSNN) and is involved in advocacy work on a state and national level to promote increased access to naloxone. She has provided outpatient psychotherapy in a community mental health setting for over 15 years.

### Agenda

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<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>8:00 AM</td>
<td>Registration</td>
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<tr>
<td>8:30 AM</td>
<td><strong>Welcome &amp; Introduction</strong></td>
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<td></td>
<td>Penny Chapman, MD</td>
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<tr>
<td>9:15 AM</td>
<td><strong>How an Open “Front Door” Can Engage Individuals in Treatment</strong></td>
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<td>David Loveland, PhD</td>
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<td>10:15 AM</td>
<td><strong>Practicing Shared Decision Making in the Outpatient Care of Adults with Severe Mental Illnesses: Redesigning Care for the Future</strong></td>
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<td>William C. Torrey, MD</td>
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<td>11:15 AM</td>
<td><strong>Break</strong></td>
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<tr>
<td>11:30 AM</td>
<td><strong>Panel Presentation: Challenges &amp; Opportunities in Rural Psychiatry</strong></td>
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<td>12:30 PM</td>
<td><strong>Lunch &amp; Remarks</strong></td>
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<td>David A. Dinich, MS, Ed</td>
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<td>1:45 PM</td>
<td><strong>Highlights of Pennsylvania Public Psychiatry Fellowships</strong></td>
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<td>DeAnn Farris, DO, MSEd</td>
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<td>2:45 PM</td>
<td><strong>Treatment of Addictions in Rural Areas: Examining Overdose Prevention Strategies</strong></td>
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<td>Alice Bell, LCSW</td>
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<td>3:30 PM</td>
<td><strong>Adjourn</strong></td>
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Continuing Education Credits

**Mental Health Professionals**
Nurses and other healthcare professionals are awarded 0.6 continuing education units (CEUs), which equals 6.0 hours.

**National Certified Counselors**
Western Psychiatric Institute & Clinic (WPIC) is recognized by the National Board for Certified Counselors to offer continuing education for national certified counselors. WPIC adheres to the NBCC continuing education guidelines. This program is offered for 6.0 continuing education credits.

**Peer Specialists**
This program fulfills requirements for certified peer specialist continuing education. Peer specialists are awarded 0.6 CEUs, which equals to 6.0 contact hours.

**Pennsylvania Certification Board**
Community Care will award 6.0 hours of PCB-approved hours of education for participants attending the conference. Our program is certified by the Pennsylvania Certification Board, Provider #414.

**Psychologists**
WPIC is approved by the American Psychological Association to sponsor continuing education credits for psychologists. WPIC maintains responsibility for this program and its content. This program is 6.0 continuing education credits.

**Physicians**
The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 5.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded 0.5 continuing education units (CEUs) which are equal to 5.5 contact hours.

**Social Workers**
This program is offered for 6.0 hours of social work continuing education through the co-sponsorship of the University of Pittsburgh School of Social Work, a Council on Social Work Education accredited and Pennsylvania pre-approved continuing education provider for LSW, LCSW, LPC, and LMFT. Those attending from other states should check with their social work boards on acceptance of, or number for, continuing education through CSWE-accredited.
Register online using https://www.surveymonkey.com/s/25SPK98 or send your completed form to Paul Wittman by June 8, 2015 by email (wittmanpj@ccbh.com), fax (412.454.2177), or mail (Community Care, Attn. Paul Wittman, 339 Sixth Ave., Suite 1300, Pittsburgh, PA 15222).

Special Needs: Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling 412.454.8625.

Challenges and Innovations in Rural Psychiatry  |  Tuesday, June 23, 2015

*Registration confirmation will be sent via email*

Name: _______________________________  Title: _______________________________
Agency: _______________________________
Address: _______________________________
Phone: _______________________________  Fax: _______________________________  Email: _______________________________

Lunch Preference:  Continuing Education:
○ Turkey          ○ Mental Health Professional  ○ Physician
○ Ham              ○ National Certified Counselor  ○ Psychologist
○ Vegetarian       ○ PCB                       ○ Social Worker
○ Peer Specialist

Payment Information ($75)*:
○ Online payment (all major credit cards, e-check)
  To pay online, go to https://paybill.upmc.com. From the first drop-down box, select “Conferences.” Then choose “CCBH Conferences” from the second drop-down box. Click next, and enter your credit card or e-check information. *Please enter the name of the conference you are attending*

○ Mail (paper check payable to Community Care)

*Free of charge for Community Care members and their families, medical residents, and students. For behavioral health professionals, this conference costs $75.00, which includes CEUs and lunch.*