Clinical Practice Guidelines

Community Care utilizes Clinical Practice Guidelines to help providers and members make decisions about appropriate health care for specific clinical circumstances. These evidence-based guidelines are reviewed at least annually, updated as appropriate and approved by Community Care’s Quality and Care Management Committee.

The locations of the American Psychiatric Association’s Clinical Practice Guideline for the treatment of Major Depressive Disorder and the “Watch” or update to the guideline referenced in the current Provider Manual have changed. To view this guideline and the Watch at www.psych.org, please click on the Psychiatric Practice link and then choose Practice Guidelines.


Community Care measures performance against each of the Clinical Practice Guidelines via claims data and record reviews. Providers are notified of the results of the measures via newsletter articles or web-based communications.

To obtain a copy of the Major Depressive Disorder guideline, contact the American Psychiatric Association, 1400 K Street NW, Washington, DC 20005 or visit the APA website as provided above.

To obtain a copy of the substance abuse guideline, contact the National Institute on Drug Abuse, National Institutes of Health, 6001 Executive Boulevard, Room 5213, Bethesda, MD 20892 or visit the NIDA website as provided above.

For more information about the Clinical Practice Guidelines and the adherence measures, contact Community Care at 1-888-251-2224.